



LEGEND

- MORRIN
- DELIA
- HANNA
- YOUNGSTOWN
- CESSFORD
- CARBON
- LINDEN
- THREE HILLS
- TROCHU
- DRUMHELLER
- ACME
- HYBRID
- VIRTUAL

FOLLOW




REGISTER



Provincial Family Resource Networks



601 7 Street East,
Drumheller AB

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
					1	2
3	4 10:15-11:15 Storytime 11:45-1 Lunch Club	5 StoryTime 10-11	6 3-4:30 Lego Club	7 2-3 Library Story Time 1-3 PM Curiosity Co-op @ ARB 3:00-4:30 After School Club	8 10:30-12 Story Time	9
10	11 10:15-11:15 Storytime 11:45-1 Lunch Club	12 3:30-4:30 Rainbows Support Group	13 12:30-1:30 Preschool Story Time 3:00-4:30 Lego Club	14 4:30- 7 Babysitters course	15 10-2:30 PM Babysitters course	16
17	18 VICTORIA DAY	19 3:30-4:30 Rainbows Support Group	20 10:30-12 Story Time	21 12:30-1:30 HomeSchool Group 1-3 PM Curiosity Co-op @ ARB 3:00-4:30 After School Club	22 10-12 Preschool Free play 1-3 Caregiver connect & craft 3:30-4:30 Youth Lego club	23
24/31	25 11:45-1 Lunch Club 3:00-5:00 Lego Club	26	27 12:30-1:30 Preschool Story Time	28 2:00-3:00 Library Storytime 3:00-4:30 After School Club	29 10-12 Preschool Free play 1-3 Caregiver connect & craft 3:30-4:30 Youth Lego club	30



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18 VICTORIA DAY

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24/31

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1-2:00 Triple P Info Session

6:30-7:30 Rainbows Celebration

10:30-12 pm Tender Leafs Knox Church

6-7 Youth Kimochis

10:30-12 pm Tender Leafs Knox Church

6-7 Youth Kimochis

9-11 Drop in Play

11:30-1:00 AHS Gratitude in Caregiving Webinar

9:30-10:30 Parenting Outside the Box

3:30-4:30 Teen Big Life Journals

6:30-8 PM Night Owls Drop In Play

9:30-10:30 Parenting Outside the Box

2-4 PM Sensory Play

3:30-4:30 Teen Big Life Journals

9:30-10:30 Parenting Outside the Box

3:30-4:30 Teen Big Life Journals

Mom & Baby fitness 9:30-10:30

Mom & Baby fitness 9:30-10:30

1:30-3:00ASQ

Mom & Baby fitness 9:30-10:30

9-10:30 Grand parents Play group

8:30-12:00 Little Rays Baby group

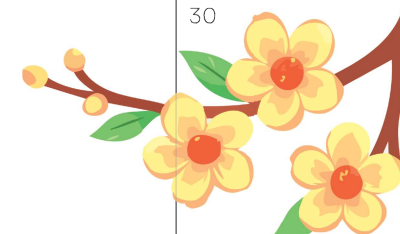
1-3 PM Nature Navigators

1
8:30-11 Drop In
1-3 Youth Mothers Day Craft

9-11 Drop In

DAD PLAY DATE 1-3 PM

Youth Bowling & Pizza 3:30-6:30



Babies, Toddlers, Children 0-6

Maria 403-334-5944
Tara 403-443-0304

Dad Play Date: The facilitation room is open for kiddos to spend some quality time with DAD * Free play/unfacilitated 1-3 PM pm Saturday.

Little Rays : For babies 0-18 months and caregivers. join us to explore sensory and gross motor activities. **Registration required**

Tender leafs : Join us at the the Knox Church for fun activities, including a craft and free play experiences. 2-6 years recommended. **Drop in**

Drop In Play : Unfacilitated free play. Come use our space and connect with your littles through play and quality time.

Story Time : Join us with your preschoolers for a story and craft. For ages 0-6. Cessford, Morrin, & Delia Libraries.

Sensory Play : Join us at the FRN for fun sensory experiences. 0-6 years recommended. **Registration Required**

Nature Navigators: Join us outdoors for free play, exploring, and crafts. **Call to register and find out where we are meeting.**

Night Owls Drop in play: An evening Drop in play program for families 0-6 years.

Mom & Baby Fitness- FRN & Nordic walking and wellness have partnered to offer mom's a fitness class where babies are welcome! April/May sessions are full. Call for future sessions.

Children & Youth 6-18 years

Rainbows: A targeted group that helps children who are dealing with various stages of grief and loss. (Death, Divorce, Moving etc.) Drumheller/Hanna group is closed. **Call 403 443 0304 for more information or to have a group run in your community.**

Curiosity Co-op: For homeschool families, find us in Trochu for STEM based, child led learning experiences, art projects and more. **Children 6 years and under must be accompanied by an adult. Snacks provided.**

Babysitters Course Acme/Library: Join us over two days and receiveve certification with the Canada Safety councils Babysitter training course. For youth 12 years and up. **Please call 403 443 0304 to register.**

Teen Big Life Journals: Do you have a teen who could use some help developing a growth mindset? Register them for Big Life Journal Sessions! We go over being resilient, positive self talk and how to set acheivable goals! **Program will run for 6 weeks. Please Register**

Lego Club Linden & Acme: Calling all Lego creators! Join us after school in the library for some Lego building, crafts and more!

Youth Bowling & Pizza Party Join us at Sandstone lanes for afternoon of bowling, connections and pizza. **MUST Register by calling 403 443 0304**

Families 0-18 years

FRN Drop-in and Drop-in Play: Stop by the Drumheller Hub Space at 601 7 Street East to talk to one of our staff about our programs and services. We will have activities and resources available during this time.

Ages and Stages: Do you have questions or concerns about your childs development? Come in and let our facilitators guide you through an ASQ questionnaire. **Call or text 403 334 5944 for a time slot.**

GrandParents Play group: Are you a Caregiver or Grandparent that is caring for or raising grandchildren? This is a group for you! Free play activities and crafts await, come make connections with other caregivers. **Drop-in's welcome.**

REGISTER FOR PROGRAMS ONLINE, BY E-MAIL, PHONE, OR TEXT MESSAGE



frndrumheller@mcmancentral.ca



Maria 403-334-5944



Tara 403-443-0304

Connect Parent Group: Pre-register at frninnisfail@mcmancentral.ca or by **calling/texting Kristie Fay at 403-877-7163.**

This program is for parents and caregivers of teens aged 12-18 who struggle with issues that make it difficult for them to do well at home, school, and in their communities. Each session looks at parent-teen relationships and adolescent development to promote secure attachment, enhancing their social, emotional, and behavioral development.

Fearless Triple P: Fear-Less Triple P supports parents and helps them to learn new cognitive behavioural strategies for anxiety management, encouraging them to apply these themselves for all their children. Call for more information. **Group and 1:1 sessions available.** Sessions run once a week for 6 weeks.

Triple Info Session: Thinking about taking Triple P? Are you needing help with managing behaviors? Drop in to learn more about the course and ask any questions you may have about positive parenting.

Carbon- Join us for once a month programs at Community Centre. 0-6 year Preschool drop in, Caregiver coffee & craft and Youth Lego club.

Call us to register!

Ages and Stages: Do you have questions or concerns about your child's development? Come in and let our facilitators guide you through an ASQ questionnaire. **Call 403 334 5944 to book a time slot.**

Three Hills- Join us for once a month programs in Three hills at the Community Centre (Main St). 0-6 year Preschool drop in, Caregiver coffee & craft and Youth Lego club. **Call us to register!**

Parenting Outside the Box- Are you parenting a Neurodiverse child? Join us over a coffee in the community and share parenting tips and experiences with other caregivers who have neurospicy children! Call us to find out where we will be.



Here is a look at the variety of programming we offer. Give us a call for more information on upcoming sessions. Free for families and community partners.



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