Innisfail & Red Deer County FAMILY RESOURCE NETWORK 5035 49th St., Innisfail, Ab Program Inquiries: 403-877-7163 Office: 403-877-7110

## October 2024

5035 49th St , Innisfail, Ab Office: 403-877-7110						
SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
SPR-Springbrook PL-Pine Lake INN-Innisfail DEL-Delburne ELN-Elnora SV-Spruce View BOW-Bowden PEN—Penhold	Family Resource Network	1. Stay, Play & Learn (0-6 years) 9-10:30am (INN) In-Betweeners (10-15 years) 3-5pm Stay, Read and Learn (0-6 years) 9:30-10:30am (SV) Triple P Fear-Less, 1-3pm (ZOOM) 6 weeks	2. No Programs	3. Kindermusik (1-4 years) 10-11:30am (INN FRN) The Lunch Room (13-18 years) 11:45-12:45 (INN FRN) CollectorsAssemble! (7-12 years) 3-4:30pm (INN FRN) Triple P: Group, 6-8pm (ZOOM) Preschool Pals (0-6 years) 1-2:30pm Bowden Youth (7-12 Years) 3-4:30pm (BOW)	4. FRN Friday! (INN FRN) 9-10am: Fairytale Time (0-6 yrs) 10-11am: Sensory Art Play (0-6 yrs) 11-12pm: Little Builders (0-6 yrs) Happy Trails (2-8 years, parented) 1-3pm (INN)	5. Multicultural Fest 11-4pm (INN)
6.	7. Baby Buddies (0-2 years) 10:30-12pm (INN FRN) Parent Connections, 2-4pm (INN FRN) Youth Club (7–12 years) 3-5pm (INN FRN) Bookworms (0-6 years) 10-12pm (DEL)	8. Stay, Play & Learn (0-6 years) 9-10:30am (INN) In-Betweeners (10-15 years) 3-5pm Stay, Read and Learn (0-6 years) 9:30-10:30am (SV) Triple P Fear-Less, 1-3pm (ZOOM) 6 weeks	9. Play Pals (0-6 years) 9-11am (INN FRN) Spooky Moms Club 1-2pm (INN FRN) School Buds (3-6 years) 3-4:30pm (INN FRN) Little Explorers (0-6 yrs) 1-2:30pm(ELN) Elnora Youth (7-12 yrs) 3-4:30pm (ELN)	10.  Kindermusik (1-4 years) 10-11:30am (INN FRN) The Lunch Room (13-18 years) 11:45-12:45 (INN FRN) Artrageous (7-12 years) 3-4:30pm (INN FRN) Triple P: Group, 6-8pm (ZOOM) Preschool Pals (0-6 years) 1-2:30pm Bowden Youth (7-12 Years) 3-4:30pm (BOW)	11. FRN Friday! (INN FRN) 9-10am: Fairytale Time (0-6 yrs) 10-11am: Sensory Art Play (0-6 yrs) 11-12pm: Little Builders (0-6 yrs) Homeschool Happenings (Ages 5+, parented) 1-3pm (INN FRN)	12.
13.	14. No Programs Happy Thanksgiving	15. In-Betweeners (10-15 years) 3-5pm Stay, Read and Learn (0-6 years) 9:30-10:30am (SV)	16. Play Pals (0-6 years) 9-11am (INN FRN) Spooky Moms Club 1-2pm (INN FRN) Teen Drop-In (13-18 years) 3-4:30pm (INN FRN) Little Explorers (0-6 years) 1:30-2:30pm (ELN) Elnora Youth (7-12 yrs) 3-4:30pm (ELN) Community Discovery Night, 6-8pm (ELN)	17. Kindermusik (1-4 years) 10-11:30am (INN FRN) The Lunch Room (13-18 years) 11:45-12:45 (INN FRN) Artrageous (7-12 years) 3-4:30pm (INN FRN) Triple P: Group, 6-8pm (ZOOM) Preschool Pals (0-6 years) 1-2:30pm Bowden Youth (7-12 Years) 3-4:30pm (BOW)	18. FRN Friday! (INN FRN) 9-10am: Fairytale Time (0-6 yrs) 10-11am: Sensory Art Play (0-6 yrs) 11-12pm: Little Builders (0-6 yrs) Youth Action (13+) 6:30-8:30 (INN) Family Connect Night, 6-7:30pm (SPR)	19.
20.	21. Baby Buddies (0-2 years) 10:30-12pm (INN FRN) Parent Connections, 2-4pm (INN FRN) Youth Club (7–12 years) 3-5pm (INN FRN) Bookworms (0-6 years) 10-12pm (DEL)	22. Stay, Play & Learn (0-6 years) 9-10:30am (INN) In-Betweeners (10-15 years) 3-5pm Stay, Read and Learn (0-6 years) 9:30-10:30am (SV) Triple P Fear-Less, 1-3pm (ZOOM) 6 weeks	23. Play Pals (0-6 years) 9-11am (INN FRN) Spooky Moms Club 1-2pm (INN FRN) School Buds (3-6 years) 3-4:30pm (INN FRN) Little Explorers (0-6 yrs) 1-2:30pm(ELN) Elnora Youth (7-12 yrs) 3-4:30pm (ELN)	24. Kindermusik (1-4 years) 10-11:30am (INN FRN) The Lunch Room (13-18 years) 11:45-12:45 (INN FRN) Artrageous (7-12 years) 3-4:30pm (INN FRN) Triple P: Group, 6-8pm (ZOOM) Preschool Pals (0-6 years) 1-2:30pm Bowden Youth (7-12 Years) 3-4:30pm (BOW)	25. FRN Friday! (INN FRN) 9-10am: Fairytale Time (0-6 yrs) 10-11am: Sensory Art Play (0-6 yrs) 11-12pm: Little Builders (0-6 yrs) 1-2pm: Tummy Time (0-2 yrs) 2-3pm: Gross Motor Fun (2-5yrs) Homeschool Happenings (Ages 5+, parented) 10-12pm (INN FRN) Happy Trails (2-8 years, parented) 1-3pm (INN)	26.
27.	28. Baby Buddies (0-2 years) 10:30-12pm (INN FRN) Parent Connections, 2-4pm (INN FRN) Youth Club (7–12 years) 3-5pm (INN FRN) Bookworms (0-6 years) 10-12pm (DEL)	29. Stay, Play & Learn (0-6 years) 9-10:30am (INN) In-Betweeners (10-15 years) 3-5pm Stay, Read and Learn (0-6 years) 9:30-10:30am (SV) Triple P Fear-Less, 1-3pm (ZOOM) 6 weeks	30. Spooky Moms Club 1-2pm (INN FRN) Haunted Hangout (7-12 years) 3-4:30pm Little Explorers (0-6 yrs) 1-2:30pm(ELN) Elnora Youth (7-12 yrs) 3-4:30pm (ELN)	31. Kindermusik (1-4 years) 10-11:30am (INN FRN) The Lunch Room (13-18 years) 11:45-12:45 (INN FRN) Artrageous (7-12 years) 3-4:30pm (INN FRN) Preschool Pals (0-6 years) 1-2:30pm Bowden Youth (7-12 Years) 3-4:30pm (BOW)	Find us on Facebook	FOLLOW US ON Instagram  O 1 1 1 1 0 0 0 0 0 0 0 0 0 0 0 0 0 0 0

## Innisfail

Stay, Play and Learn (0-6 years)

When: Tuesdays, 9—10:30am

\*No program October 15\*

Where: Innisfail Public Library (Community Room)

Play Pals (0-6 years)

When: Wednesdays, 9-11am

\*No program October 2 & 30\*

Where: Innisfail FRN Office 5035 49 Street

Baby Buddies (0-2 years)

When: Mondays, 10:30-12pm

\*No program October 14\*

Where: Innisfail FRN Office, 5035 49 Street

Kindermusik (1-4 years)

When: Thursdays, 10-11:30am

Where: Innisfail FRN Office, 5035 49 Street

FRN Friday: October 4

9-10am: Fairytale Time (0-6 years)

10-11am: Sensory Art Play (0-6 years) 11-12pm: Little Builders (0-6 years)

Where: Innisfail FRN Office 5035 49 Street

FRN Friday: October 11

9-10am: Fairytale Time (0-6 years)

10-11am: Sensory Art Play (0-6 years)

11-12pm: Little Builders (0-6 years)

1-3pm: Homeschool Happenings (5+, parented) Where: Innisfail FRN Office 5035 49 Street

FRN Friday: October 18

9-10am: Fairytale Time (0-6 years)

10-11am: Sensory Art Play (0-6 years)

11-12pm: Little Builders (0-6 years)

Where: Innisfail FRN Office 5035 49 Street

FRN Friday: October 25

9-10am: Fairytale Time (0-6 years)

10-11am: Sensory Art Play (0-6 years)

11-12pm: Little Builders (0-6 years)

1-2pm: Tummy Time (0-2 years)

2-3pm: Gross Motor Fun (2-5 years)

10-12pm: Homeschool Happenings (5+, parented)

Where: Innisfail FRN Office 5035 49 Street

School Buds (3-6 years)

When: October 9 & 23, 3-4:30pm

Where: Innisfail FRN Office, 5035 49 Street

Homeschool Happenings (5+, parented)

When: October 11, 1-3pm

October 25, 10-12pm

Where: Innisfail FRN Office 5035 49 Street

\*Pre-registration required for October 25 session\* Joanne.brown@mcmancentral.ca

## **Locations and Days**

Happy Trails (2-8 years, parented)

When: October 4 & 25, 1-3pm

Where: Centennial Park walking trails

Youth Club (7-12 years)

When: Mondays, 3-5pm

\*No program October 14\*

Where: Innisfail FRN Office, 5035 49 Street

Collectors....Assemble (7-12 years)

When: October 3, 3-4:30pm

Where: Innisfail FRN Office, 5035 49 Street

Haunted Hangout (7-12 years)

When: October 30, 3-4:30pm

Where: Innisfail FRN Office, 5035 49 Street

Artrageous (7-12 years)

When: October 10, 17, 24 & 31, 3-4:30pm

Where: Innisfail FRN Office 5035 49 Street

\*\*Pre-registration required\*\* Kristie.fay@mcmancentral.ca

In-Betweeners (10-15 years) When: Tuesdays, 3-5pm

Where: Innisfail FRN Office 5035 49 Street

Teen Drop-In (13+ years)

When: October 16, 3-4:30pm

Where: Innisfail FRN Office 5035 49 Street

Youth Action!

When: October 18, 6:30-8:30pm

Where: IMS Gym #4

\*See Innisfail Town website for waiver information\*

The Lunch Room (13-18 years)

When: Thursdays, 11:45-12:45pm

Where: Innisfail FRN Office 5035 49 Street

**Parent Connections** 

When: Mondays, 2-4pm

\*No program October 14\*

Where: Innisfail FRN Office 5035 49 Street

Triple P: Fear-Less

When: September 17, 25, Oct. 1, 8, 22 & 29, 1-3pm

\*No session October 15\*

Where: VIRTUAL VIA ZOOM

Registration closed

Triple P: Group

When: October 3, 10, 17 & 24, 6-8pm

Where: VIRTUAL VIA ZOOM

\*Pre-registration required\*

Joanne.brown@mcmancentral.ca

**Spooky Moms Club** 

When: October 9,1-2pm—Book Club Chat & Swap October 16, 1-2pm—Sensory Make & Take

October 23, 1-2pm—Moms Matter, Mini Version October 30,1-2pm—Coffee & Chat

Where: Innisfail FRN Office, 5035 49 Street

\*Pre-registration required\* Kristie.fay@mcmancentral.ca

**Multicultural Fest** 

When: October 5, 11-4pm

Where: Innisfail Learning Center (Library)

Spruce View

Stav. Read and Learn (0-6 years)

When: Tuesdays, 9:30-10:30am

Where: Spruce View Community Library

Bowden

Preschool Pals (0-6 years)

When: Thursdays, 1-2:30pm

Where: Bowden Friendship Club

Bowden Youth (7-12 years)

When: Thursdays, 3-4:30pm

Where: Bowden Friendship Club

Elnora

Elnora Youth (7-12 years)

When: Wednesdays, 3-4:30pm

\*No program October 2\*

Where: Elnora Legion

Little Explorers (0-6 years)

When: Wednesdays, 1-2:30pm

\*October 16—1:30-2:30pm

\*No program October 2\*

Where: Elnora Legion

**Community Discovery Night** 

When: October 16, 6-8pm

Where: Elnora Community Hall

Delburne

Bookworms (0-6 years)

When: Mondays, 10-12pm

\*No program October 14\*

Where: Delburne Community Hall

<u>Springbrook</u>

**Family Connect Night** 

When: October 18, 6-7:30pm Where: Family Resource Center

\*Pre-register with Red Deer County\*