

Sun	Mon	Tue	Wed	Thu	Fri	Sat
<p>0-6 7-13 13-18 Family Parent Ed</p>					1	2
3	<p>4 Baby Bits (BLFDS) 10-11:30</p>	<p>5 Preschool Pals (LAC) 9:30-11:30 Stay & Play (MIRROR) 10-12 LAC Afterschool 3:30-5:30</p>	<p>6 Preschool Pals (BLFDS/CLIVE) 9:30-11:30 Sunshine Circle (LAC) 4-5/5-6</p>	<p>7 Come Together (LAC) 11-11:45 Cub Crew (ALIX) 1-3 Alix Afterschool 3:30-5:30 E-Connect (Zoom) 6-8</p>	<p>8 Art Attack (LAC) 10-12</p>	<p>9 Dadurday (LAC) 10-12</p>
10	 <p>REMEMBRANCE DAY <i>Let us not forget</i></p>	<p>12 Preschool Pals (LAC) 9:30-11:30 Stay & Play (MIRROR) 10-12 LAC Afterschool 3:30-5:30</p>	<p>13 Preschool Pals (BLFDS/CLIVE) 9:30-11:30 Moms Matter (BLFDS) 1-3 Sunshine Circle (LAC) 4-5/5-6</p>	<p>14 Cub Crew (ALIX) 1-3 Alix Afterschool 3:30-5:30 E-Connect (Zoom) 6-8</p>	15	16
17	<p>18 Baby Bits (BLFDS) 10-11:30 Moms Matter (LAC) 1-3 5 Alive (LAC) 3:30-4:30</p>	<p>19 Preschool Pals (LAC) 9:30-11:30 Stay & Play (MIRROR) 10-12 LAC Afterschool 3:30-5:30 Crockpot Cooking (CLIVE) 6:30-8:30</p>	<p>20 Preschool Pals (BLFDS/CLIVE) 9:30-11:30 Sunshine Circle (LAC) 4-5/5-6 Potluck & Play (BENT) 6-8</p>	<p>21 Special Needs Support Group (LAC) 9-11 E-Connect (Zoom) 6-8</p>	22	<p>23 Saturplay (LAC) 10-12</p>
24	<p>25 Baby Bits (LAC) 10-11:30 Moms Matter (CLIVE) 1-3</p>	<p>26 Preschool Pals (LAC) 9:30-11:30 Stay & Play (MIRROR) 10-12 LAC Afterschool 3:30-5:30</p>	<p>27 Preschool Pals (BLFDS/CLIVE) 9:30-11:30 Sunshine Circle (LAC) 4-5/5-6</p>	<p>28 Cub Crew (ALIX) 1-3 Alix Afterschool 3:30-5:30 E-Connect (Zoom) 6-8</p>	<p>29 Moms Matter (BENT) 1-3</p>	30

REGISTRATION REQUIRED FOR ALL PROGRAMS (unless otherwise specified)

To register/information:

***NEW EMAIL* frnlacombe@mcmancentral.ca**

Carolyn 403.896.3915

Hannah 587.679.0544

Baby Bits: All things baby! Meet other mamas and their babies. We'll be discussing the topics of importance during the first 18 months of a child's life.

Come Together (Intergenerational): Join us at the Lacombe hospital the first Thursday of every month where we will get together with the seniors in long-term care for fun activities, singing, and crafts.

Dadurday: Dads, come to our office with your kiddos to take part in a fun activity and eat some yummy food!

Preschool Pals/Stay & Play/Cub Crew: For preschoolers and their caregivers. Play, do a craft, listen to a story. A great opportunity to be creative, learn a few things and make some new friends!

5 Alive: 5&6 year olds get their own program! Too old for Preschool Pals, too young for the afterschool program...drop them off for some activities, crafts, and music!

Sunshine Circle: This is an 8 week group therapy program based on Theraplay focusing on the emotional and social development of children. Sunshine Circle encourages healthy relationships through playful activities that build trust and emotional connections amongst participants helping develop important social skills such as empathy, communication, and cooperation, contributing to the resilience of the children involved. This program is unparented, facilitated by Rhoda Osei of Karameon Counselling along with Ms. Hannah. Wednesdays, Ages 2-5 4-5pm, ages 6-9 5-6pm.

Alix Afterschool: After school fun at the Alix Community Centre. See posters for details!

Lacombe Afterschool: After school fun at the Lacombe FRN office. See posters for details!

Art Attack: An opportunity to explore a variety of creative, open-ended art avenues. Prepare to have fun and get messy!

Crockpot Cooking: In collaboration with the Clive Public Library, make some easy, healthy meals to feed the family!

Moms Matter: Time to connect with other moms, all while having a coffee, a treat, and doing an activity!

Special Needs Support Group: Support and care for caregivers of those with special needs, as well as a time of interaction and play for the children.

E-Connect: REGISTRATION CLOSED A 9-week program to help parents and caregivers of pre-teens and teens who struggle with issues that make it difficult for them to do well at home, at school, and in their community. Each session provides parents with a new perspective on parent-teen relationships and adolescent development.

Saturplay: Come for Saturday morning play, muffins, and coffee. Meet other families while you're here!

Potluck & Play: Join us for supper, games, and a chance to meet other families in the community. (Bentley)

LOCATIONS (unless otherwise specified):

Alix: Alix & Area Community Resource Centre - 5008 50 Ave.

Bentley: Bentley Town Office - 4918 50 Ave.

Blackfalds: Blackfalds Community Centre - 4810 Womacks Rd.

Clive: Clive Baptist Church - 4716 50th St.

Lacombe: FRN Office - #1102 4876A 46 St.

Mirror: Mirror Library - 5003 50 Ave.