






<u>SUNDAY</u>	<u>MONDAY</u>	<u>TUESDAY</u>	<u>WEDNESDAY</u>	<u>THURSDAY</u>	<u>FRIDAY</u>	<u>SATURDAY</u>
<p><b>SPR-Springbrook</b>  <b>PL-Pine Lake</b>  <b>INN-Innisfail</b>  <b>DEL-Delburne</b>  <b>ELN-Elnora</b>  <b>SV-Spruce View</b>  <b>BOW-Bowden</b>  <b>PEN—Penhold</b></p>	<p>FOLLOW US ON   <b>Instagram</b></p>  <p>@INNISFAILFAMILYRESOURCENETWORK</p>				<p>Find us on   <b>Facebook</b></p> 	1.
2.	<p>3.  <b>Baby Buddies (0-2 years)</b>  <b>9:30-11:30am (INN FRN)</b>  <b>Youth Club (7-12 years) 3-5pm (INN FRN)</b>  <b>Bookworms (0-6 years) 10-12pm (DEL)</b>  <b>Triple P Baby, 6-8pm (ZOOM)</b></p>	<p>4.  <b>Stay, Play &amp; Learn (0-6 years)</b>  <b>9-10:30am (INN)</b>  <b>In-Betweeners (10-15 years) 3-5pm</b>  <b>Stay, Read and Learn (0-6 years)</b>  <b>9:30-10:30am (SV)</b></p>	<p>5.  <b>Play Pals (0-6 years) 9-12pm (INN FRN)</b>  <b>Elnora Youth (7-12 yrs) 3-4:30pm (ELN)</b></p>	<p>6.  <b>Preschool Pals (0-6 years) 9:30-11am (BOW)</b>  <b>Grocery Busters, 1-2:30pm (INN FRN)</b>  <b>Bump Club, 12-1pm (INN FRN)</b>  <b>Artrageous (7-12 years)</b>  <b>3-4:30pm (INN FRN)</b></p>	<p>7.  <b>FRN Friday! (0-6 years) 9-12pm (INN FRN)</b>  <b>Let's Go Swimming (0-6 years)</b>  <b>12-1pm (INN)</b>  <b>Family Drop-In, 1-3pm (INN FRN)</b>  <b>Bowden Youth (7-12 years)</b>  <b>3:30-5pm (BOW)</b></p>	<p>8.  <b>Satur-YAY! (0-8 years)</b>  <b>10-12pm (INN FRN)</b></p>
9.	<p>10.  <b>Baby Buddies (0-2 years)</b>  <b>9:30-11:30am (INN FRN)</b>  <b>Youth Club (7-12 years) 3-5pm (INN FRN)</b>  <b>Bookworms (0-6 years) 10-12pm (DEL)</b>  <b>Triple P Baby, 6-8pm (ZOOM)</b></p>	<p>11.  <b>Stay, Play &amp; Learn (0-6 years)</b>  <b>9-10:30am (INN)</b>  <b>In-Betweeners (10-15 years) 3-5pm</b>  <b>Stay, Read and Learn (0-6 years)</b>  <b>9:30-10:30am (SV)</b></p>	<p>12.  <b>Play Pals (0-6 years) 9-11am (INN FRN)</b></p>	<p>13.  <b>Preschool Pals (0-6 years) 9:30-11am (BOW)</b>  <b>Connect Parent Group 6-7:30pm (ZOOM)</b></p>	<p>14.  <b>FRN Friday! (0-6 years) 9-12pm (INN FRN)</b>  <b>My Kid &amp; Me Date Night (caregiver &amp; 6+ years) 6:30-8pm (BOW)</b></p>	15.
16.	<p>17.  <b>Office Closed</b></p>	<p>18.  <b>Stay, Play &amp; Learn (0-6 years)</b>  <b>9-10:30am (INN)</b>  <b>In-Betweeners (10-15 years) 3-5pm</b>  <b>Triple P Baby, 6-8pm (ZOOM)</b></p>	<p>19.  <b>Play Pals (0-6 years) 9-12pm (INN FRN)</b>  <b>Morning Mind Shift, 9:30-11am (ZOOM)</b>  <b>Grocery Busters, 5-6:30pm (INN FRN)</b>  <b>Winter Fun, 1-3pm (ELN)</b></p>	<p>20.  <b>Preschool Pals (0-6 years) 9:30-11am (BOW)</b>  <b>Bump Club, 12-1pm (INN FRN)</b>  <b>Let's Go, 1:30-3pm (INN)</b>  <b>Youth Drop-In (7-12 years)</b>  <b>2-4pm (INN FRN)</b>  <b>Connect Parent Group 6-7:30pm (ZOOM)</b></p>	<p>21.  <b>FRN Friday! (0-6 years) 9-12pm (INN FRN)</b>  <b>Homeschool Happenings (5+, parented) 10-12pm (INN FRN)</b>  <b>Family Drop-In, 1-3pm (INN FRN)</b></p>	<p>22.  <b>Winter Family Fun!</b>  <b>1-3pm (INN)</b></p>
23.	<p>24.  <b>Baby Buddies (0-2 years)</b>  <b>9:30-11:30am (INN FRN)</b>  <b>Youth Club (7-12 years) 3-5pm (INN FRN)</b>  <b>Bookworms (0-6 years) 10-12pm (DEL)</b>  <b>Homeschool Happenings (5+, parented) 1-3pm (BOW)</b>  <b>Triple P Baby, 6-8pm (ZOOM)</b></p>	<p>25.  <b>Stay, Play &amp; Learn (0-6 years)</b>  <b>9-10:30am (INN)</b>  <b>In-Betweeners (10-15 years) 3-5pm</b>  <b>Stay, Read and Learn (0-6 years)</b>  <b>9:30-10:30am (SV)</b></p>	<p>26.  <b>No programs</b></p>	<p>27.  <b>Little Movers (2-6 years) 1-2pm (INN FRN)</b>  <b>Artrageous (7-12 years)</b>  <b>3-4:30pm (INN FRN)</b>  <b>Connect Parent Group 6-7:30pm (ZOOM)</b></p>	<p>28.  <b>FRN Friday! (0-6 years) 9-12pm (INN FRN)</b>  <b>Youth Action Night, 6:30-8:30 (INN)</b></p>	

# Locations and Days

## Innisfail

### **Stay, Play and Learn (0-6 years)**

When: Tuesdays, 9—10:30am

Where: Innisfail Public Library (Community Room)

### **Play Pals (0-6 years)**

When: Wednesdays, 9-11m

\*Extended till noon on February 5 & 19\*

**\*No program the last Wednesday of each month\***

Where: Innisfail FRN Office 5035 49 Street

### **Baby Buddies (0-2 years)**

When: Mondays, 9:30-11:30am

**\*No program February 17\***

Where: Innisfail FRN Office, 5035 49 Street

### **Let's Go**

When: February 20, 1:30-3pm

Where: Arena Outdoor Skating Rink

### **Let's Go Swimming (0-6 years)**

When: February 7, 12-1pm

Where: Innisfail Aquatic Center

**\*Pre-registration required—Joanne\***

### **Little Movers (2-6 years)**

When: February 27, 1-2pm

Where: Innisfail FRN Office, 5035 49 Street

### **FRN Fridays (0-6 years)**

When: Fridays, 9-12pm

Where: Innisfail FRN Office 5035 49 Street

### **Family Drop-In**

When: February 7 & 21, 1-3pm

Where: Innisfail FRN Office, 5035 49 Street

### **Winter Family Fun**

When: February 22, 1-3pm

Where: Centennial Park

**\*Pre-registration required—Joanne\***

### **Homeschool Happenings (5+, parented)**

When: February 21, 10-12pm

Where: Innisfail FRN Office 5035 49 Street

**\*Pre-registration required—Joanne\***

### **Youth Club (7-12 years)**

When: Mondays, 3-5pm

**\*No program February 17\***

Where: Innisfail FRN Office, 5035 49 Street

### **Youth Drop-In (7-12 years)**

When: February 20, 2-4pm

Where: Innisfail FRN Office, 5035 49 Street

### **Artrageous (7-12 years)**

When: Thursday February 6 & 27, 3-4:30pm

Where: Innisfail FRN Office 5035 49 Street

**\*Pre-registration preferred—Kristie\***

### **In-Betweeners (10-15 years)**

When: Tuesdays, 3-5pm

Where: Innisfail FRN Office 5035 49 Street

### **Youth Action!**

When: February 28, 6:30-8:30pm

Where: Innisfail Library Community Room

**\*See Innisfail Town website for waiver information and registration\***

### **Bump Club**

When: February 6 & 20, 12-1pm

Where: Innisfail FRN Office 5035 49 Street

**\*Pre-registration required—Joanne\***

### **Morning Mind Shift**

When: February 19, 9:30-11am

Where: ZOOM

**\*Pre-registration required—Joanne\***

### **Grocery Busters**

When: 2 Dates available:

February 6, 1-2:30pm\*

(Childcare available for this date ONLY)

### **OR**

February 19, 5-6:30pm

Where: Innisfail FRN Office 5035 49 Street

**\*Pre-registration required—Kristie\***

### **Satur-YAY!!**

When: February 8, 10-12pm

Where: Innisfail FRN Office, 5035 49 Street

### **Triple P Baby**

When: February 3, 10, 18 & 24, 6-8pm

Where: ZOOM

**\*Pre-registration required—Joanne\***

### **Connect Parent Group**

When: Weekly, Thursdays: February 13-April 17, 6-7:30pm

Where: ZOOM

**Pre-registration required:**

**Dana.Dennis@mcmcentral.ca**

## Spruce View

### **Stay, Read and Learn (0-6 years)**

When: Tuesdays, 9:30—10:30am

**\*No program February 18\***

Where: Spruce View Community Library

## Bowden

### **Preschool Pals (0-6 years)**

When: Thursdays, 9:30-11am

**\*No program February 27\***

Where: Bowden Friendship Club

### **Bowden Youth (7-12 years)**

When: February 7, 3:30-5pm

Where: Olde Library

### **My Kid & Me Date Night (caregiver & child aged 6+)**

When: February 14, 6:30-8pm

Where: Olde Library

### **Homeschool Happenings (5+ years, parented)**

When: February 24, 1-3pm

Where: Bowden Friendship Club

**\*Pre-registration required—Joanne\***

## Elnora

### **Elnora Youth (7-12 years)**

When: Wednesdays, 3-4:30pm

**\*This program is ONLY running on February 5 this month\***

Where: Elnora Legion

### **Winter Fun**

When: February 19, 1-3pm

Where: Elnora Legion

**\*Pre-registration required—Joanne\***

## Delburne

### **Bookworms (0-6 years)**

When: Mondays, 10-12pm

**\*No program February 17\***

Where: Delburne Community Hall

## **Pre-registration info:**

**Kristie: [kristie.fay@mcmcentral.ca](mailto:kristie.fay@mcmcentral.ca)**

**403-877-7163**

**Joanne: [joanne.brown@mcmcentral.ca](mailto:joanne.brown@mcmcentral.ca)**

**587-876-4121**

# 5 REASONS TO Foster

- 1 MAKE A POSITIVE DIFFERENCE
- 2 HELP CHILDREN FEEL SAFE AND SECURE
- 3 ENABLE CHILDREN TO ACHIEVE THEIR FULL POTENTIAL
- 4 DEVELOP CHILDREN'S SELF ESTEEM AND SENSE OF PRIDE
- 5 SUPPORT CHILDREN TO FACE THEIR FUTURES WITH CONFIDENCE



TO FIND OUT  
MORE CONTACT

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